



IAPESGW International Update, November 2018: News and resources from around the world

We want to hear about what you and your related organisations are doing and the information you are producing. You can send your information and news to any member of the executive board for inclusion in the 'Update' each month – [view their contacts details](#)

Keep right up to date with our news

We have set up social media accounts to share all our latest news with you:



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Our next Regional Congress.....

REGIONAL CONGRESS
 10th-13th July, 2019
 Madrid, Spain

70 YEARS IAPESGW:
 Always Promoting
 Physical Education
 and Sport for Girls
 and Women

International Association of Physical Education and Sport for Girls and Women **IAPESGW**

Academic Partners:

Further info: info@iapesgw2019.com www.iapesgw2019.com

The Madrid 2019 IAPESGW Regional Congress: Call for abstracts

The Madrid 2019 IAPESGW Regional Congress looks for organizations, scientists, academics, professionals and future professionals in the fields of physical education, sport and physical activity contribute to the growth and development of those areas. In this way, our main objective is to bring together interested scholars and practitioners of many countries working to improve the advancement position of girls and women in these fields.

Programme Structure

The Madrid 2019 IAPESGW Regional Congress programme structure will consist of different session types:

- Plenary Keynote sessions (by invited speakers)
- Scientific and Professional paper presentations
- Poster displays
- Workshops
- Panels

Topics

IAPESGW invites you and your colleagues to submit your proposals to be considered for presentation in the conference. Authors are free to choose between oral presentation or poster submitting in one of the following topics:

- Physical education and school sport: equity issues
- Women in recreational sport
- Participation of women in high performance sports
- Physical activity and sport for all: equity and attention to diversity
- Employment, occupations and the labor market of women in physical activity and sport
- Innovative strategies for the promotion and development of woman physical activity and sport

Deadline for submission of abstracts, in English language please, is **1 February 2019**

[View the full details](#)

IAPESGW's 70th Celebrations 2019: the last 20 years history project - being undertaken by our previous president, Tansin Benn

As some of you will know I volunteered to produce for the 70th Anniversary celebrations in Madrid next July - a history of the last 20 years of IAPESGW to follow on from the 50th anniversary 'Honoring the Legacy' 1999 book by Ann Hall and Gertrud Pfister.

I am hoping to include the voices of members from as many different countries as possible. If you have served on the Board or as a country representative, led or participated in regional seminars or quadrennial congress events, participated as an author in one of the many recent publications - and would like to write a paragraph on your experiences of the Association and how it has connected with your country I would be happy to publish it.

I hope to see as many of you as possible in Madrid.

Email any submissions to Tansin Benn before **7 December 2018** please at:

tansinbenn@sky.com

November Editorial

With the end of the year fast approaching many of us have started reflecting on 2018 and determining our resolutions for the new year.

One of your resolutions could be to start preparing your abstract for our Madrid Regional Congress, next July. Our website gives the details so please take a look at:

<https://iapesgw2019.com/call-for-abstracts/>

The 70 Years International Congress of IAPESGW will take place at Universidad Europea de Madrid from 10th to 13th July 2019 in Madrid, Spain.

Tansin Benn has volunteered to write the 70 years history of IAPESGW but she needs everyone's help. **Please send you contributions directly to Tansin by 7th December.** More details are in the Update. This book will be launched at the Madrid Congress.

This month's Update is over 20 pages so many thanks to all our wonderful contributors. We cover news from many countries, starting with highlights in international sport and organisations.

For example, you can download for free World Rowing Federation's and The Women's Sport Network kitbag manual for parents, coaches and athletes. What a great resource to use with teenage girls.

Of note is that UCI (the world body for cycling) has introduced a minimum salary and a new maternity clause for its top tier of female cyclists. A real breakthrough.

From Australia there is further breakthrough news for women in sport, plus news from Bahrain, Japan, Mexico, Spain, the UK and the USA. From Iran there is a 10 page report covering a number of sports and another breakthrough in that 1000 women were allowed to attend a football game – the first time this has happened in Tehran in 40 years.

We should note that currently around the world there is 16 days of activism to prevent violence against women.

From 25 November, the International Day for the Elimination of Violence against Women, to 10 December, Human Rights Day, the [16 Days of Activism against Gender-Based Violence Campaign](#) is a time to galvanize action to end violence against women and girls.

At my gym there is lots of signage and users are encouraged to wear orange as instructors lead walkers around the local parks, doing 5k walks at a pretty easy pace. So join in and get active in your local community. Say no to gender based violence.



Happy reading!

And please send any feedback or comments to crosswhite@bigpond.com

Janice Crosswhite OAM
Communications Director

International

International Paralympic Committee (30 October 2018) **Nominations for 2019 IPC Scientific Award being accepted**

The International Paralympic Committee (IPC) has opened nominations for the IPC Scientific Award in its continuing effort to honour the work of researchers in the Paralympic Movement.

The Award will be presented at the 2019 VISTA Conference held 4-7 September in Amsterdam, Netherlands, and the winner will also deliver a keynote speech during the Conference.

First given in 2005, the biennial award recognises the work of one academic researcher for his or her contribution in the field of sports for persons with an impairment.

More information and details on how to submit nominations before the 15 February 2019 deadline can be found at www.vista2019.com.

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The 2017 award was presented to **Professor Vicky Goosey-Tolfrey** at the conference in Toronto, Canada. For nearly two decades, the **Loughborough University professor** has sought ways to apply sports science to Para athletes who have been training for the international stage. For example, at the [Beijing 2008 Paralympic Games](#), Goosey-Tolfrey led a team of sports scientists and healthcare experts, the Beijing Acclimatisation Group, to ensure athletes were prepared.

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[View the full news item](#)

European Commission - Sport (30 October 2018) **Here are the 2018 finalists of the #BelInclusive EU Sport Awards**

The Jury selected 9 projects from the 111 submissions received. The winners will be announced at an award ceremony on 27 November in Brussels.

The 2018 #BelInclusive EU Sport Awards invited all organisations in Europe— public or private, commercial or not-for-profit – that have successfully developed sport projects aimed at social inclusion to enter their initiatives.

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These are the selected projects:

- Bádóireacht (Ireland)
- Fit4Life (Finland)
- Integration of Syrian Refugee children into Community Games Sports & Cultural events (Ireland)
- Judo club for people with disabilities Fuji (Croatia)
- Rugby Opens Borders - Leveraging organized Teamsports for the integration of refugees and migrants (Austria)
- Sport & Refugees (Germany)

- start2coach (Germany)
- S(up)port Refugees Integration (Italy)
- The running charity (United Kingdom)

[View the full news item](#)

Inside the games reports (31 October 2018)

Nova Scotia to host 2020 IIHF Women's World Championships

Nova Scotia will host the 2020 edition of the International Ice Hockey Federation Women's World Championships, it has been announced.

Matches will be played at the Scotiabank Centre in Halifax and the Rath Eastlink Community Centre in Truro with Canada set to host for the eighth time.

It will be the second edition of the flagship event with an expanded 10 teams after the 2019 edition in Espoo, Finland.

"We are very confident in Halifax and Truro as hosts for this event," said Hockey Canada President and chief operating officer, Scott Smith.

[View the full news item](#)

Inside the games reports (1 November 2018)

AIBA award 2019 Women's World Championships to Russia

The International Boxing Association (AIBA) has awarded next year's Women's World Championships to Russian city Ulan-Ude, it has been announced here [Moscow].

It means that Russia will stage both the men's and women's events next year as Sochi had already been chosen to host the men's event.

AIBA claim that the decision by its Executive Committee, currently meeting here, is dependent "under the condition of submitting additional documents" but this is not expected to be a problem.

Ulan-Ude is located in East Siberia and is the capital of the Republic of Buryatia.

[View the full news item](#)

World Rowing Federation (FISA) and The Women's Sports Network (7 November 2018) **World Rowing & The Women's Sports Network unite to empower teenage girls through rowing**

The World Rowing Federation (FISA) joins forces with The Women's Sports Network to highlight the issues facing teenage girls in sport.

Why do teenage girls drop out of sport? World Rowing responds.

Teenage girls worldwide continue to drop out of sport or fail to engage competitively for a wide range of reasons. Anxiety, body image, menstruation, breast health and fear of failure

can all impact how teenage girls develop in competitive sport.

The ROWMoJo initiative is a 50-page kitbag manual for parents, coaches and athletes to build stronger, confident movement skills coupled with other emotive issues such as: body image, diet, breast health, fit or thin, social media, training with menstruation, coach attitude etc. ROWMoJo aims to help reduce anxiety and fear of judgement and help girls go on to be stronger, more empowered women in the rest of their lives.

ROWMoJo - Free distribution

A FREE digital version of ROWMoJo will be launched (by Fiona Wilson– of the International ‘Rowing - Low Back Pain Care Group’) at this year’s World Rowing Coaches Conference in Berlin from 21-23 November 2018. ROWMoJo will be free to download as PDF file by individuals from the World Rowing website (www.worldrowing.com).

Empowerment through sport

Sports such as rowing have many great attributes for building personal and community health. Through resources such as ROWMoJo girl rowers can take confidence, physical strength and emotional robustness. They can become empowered to overcome gender harassment and expect gender equality as a norm – both in sport and in everyday life.

Vice President of FISA Tricia Smith explains; “National Rowing Federations work hard supporting the development of rowing infrastructure and putting coaching programmes in place. We’re trying to address some of the unique issues that impact girls in particular to provide them with opportunities to be their best selves. If girls are able to practice sport in a positive and supportive environment they are more likely to continue, to improve, and to develop confidence becoming stronger, more empowered young women and athletes”. Sally Kettle, Associate Director of WNet Sally Kettle says; “As an extreme athlete – I rowed the Atlantic, twice and felt emotionally stronger, empowered and fulfilled by the achievement. I spent more than 6 months at sea in a rowing boat learning about myself - much of what I learnt is captured in ROWMoJo making it an ideal manual for girls who want to be stronger, more empowered women – as well as more effective rowers.”

The 2018 World Rowing Coaches Conference, Berlin 21-23 November
Is an annual event which brings together Rowing and other professional coaches from around the world to discuss innovation and best practice in rowing and other high-performance sports.
<http://www.worldrowing.com/events/2018-world-rowing-coaches-conference/event-information>

More information email: jo.c@wsnet.co.uk

Inside the games reports (7 November 2018)

Rwemarika promises election as IOC member will bring benefits to Rwanda and Africa

Rwanda National Olympic and Sports Committee (RNOSC) first vice-president Félicité Rwemarika has claimed her election as a member of the International Olympic Committee (IOC) will bring benefits to her country and the African continent.

Rwemarika told The New Times she would be able to pitch more projects to the IOC after becoming a member at the Session in Buenos Aires last month.

The 60-year-old, Rwanda's first IOC member, promised to help increase the development of sport in her nation and across Africa.

"It is an advantage for our sports since we have a chance to be heard when it comes to funding our sports initiatives and projects," she said.

"It also puts us in a good position to win bids to organise and host international events."

[View the full news item](#)

***Editor** - good news **BUT** a real pity that the feature photograph features men's wheelchair basketball - a real error!*

Inside the games reports (8 November 2018)

Thailand to host IWBF Women's Under-25 World Championships

Thailand will host the 2019 International Wheelchair Basketball Federation (IWBF) Women's Under-25 World Championships, it has been announced.

The city of Suphanburi, north-west of Bangkok, will play host to the tournament between May 22 and 30 next year.

It will be the first time Thailand has hosted an IWBF World Championships, with the last edition held in Beijing in 2015.

The IWBF made the announcement following a decision at their Executive Committee meeting.

[View the full news item](#)

Cycling News reports (13 November 2018)

Maternity leave added to Women's WorldTeam contracts in 2020 - Minimum salary starts at €15,000 in the first year

The UCI will introduce a new maternity clause to its contracts between self-employed riders and Women's WorldTeams, which will be the top-tier of teams racing on the Women's WorldTour in 2020. The teams will also be required to pay a [minimum salary](#) to their riders, which is set to start at a lower-than-expected €15,000 in the first year but gradually increase to equal the men's Professional Continental Teams in 2023.

The maternity leave clause, which is included in the self-employed standard contract, will allow for women to take three months leave while being entitled to 100 per cent of their salary, followed by an additional five months at 50 per cent of their salary.

[View the full news item](#)

EuroHealth.Net. Magazine (13 November 2018)

By [Alexandra Latham](#): The new food and activity triangles

New nutrition and physical activity guides have just been published by the Flemish Institute for Healthy Living. Designed to make every citizen aware of what constitutes a healthy lifestyle and to motivate them to make healthy choices, the models are based on a comprehensive analysis of the effectiveness of existing models, the behaviour of citizens, as well as nutrition, physical activity, and communication science.

The Flemish Institute for Healthy Living (Vlaams Instituut Gezond Leven) aims to provide trustworthy, reliable, and clear information to the public and to counteract the often confusing and irresponsible health statements citizens are often bombarded with.

It realised that new models were needed to explain nutrition and physical activity in ways which are clear and accessible, and which encourage people to start taking small steps to a healthier lifestyles. That's why, in September 2017 the traditional food and nutrition pyramid in use in Flanders since 1997 was turned on its head, simplified, and split. Citizens are now presented with two triangles – one for nutrition and one for physical activity.

The new models

The models are action-oriented, encouraging gradual progress towards healthier lives. They are accompanied by materials and tools which encourage healthy eating and regular physical activity, and warn against long periods of sedentary behaviour. While the nutrition and activity triangles are for the entire population from aged 1 and up, many of the flanking tools target specific groups such as children, the elderly, or disadvantaged groups.

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[View the full article](#)

Inside the games reports (14 November 2018)

New Zealand awarded 2021 Women's Rugby World Cup ahead of Australia

New Zealand will host the Women's Rugby World Cup 2021, the first event will have been held in the Southern Hemisphere, it was announced today.

They were chosen by World Rugby at its Council meeting in Dublin today, beating only rivals and neighbours Australia by 25 votes to 17.

"Congratulations to New Zealand on being elected Women's Rugby World Cup 2021 host," World Rugby chairman Bill Beaumont said.

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[View the full news item](#)

Inside the games reports (14 November 2018)

Barbados Olympic Association President appointed chairperson of ITF Ethics Commission

Barbados Olympic Association President Sandra Osborne has been appointed chairperson of the newly-created International Tennis Federation (ITF) Ethics Commission.

The establishment of an independent Ethics Committee was given the green light by the ITF Board of Directors during its meeting in Chengdu in China, where they also approved the Code of Ethics due to come into effect on January 1.

Osborne, an experienced lawyer who also chairs the Commonwealth Games Federation's Governance and Integrity Committee, is due to begin her role on December 1.

Assuming the position means Osborne, appointed on a four-year term, will step down from her current membership of the ITF Gender Equality in Tennis Committee.

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[View the full news item](#)

Events.....

34 International Congress of Physical Education – FIEP 2018-11-18

January 12-16, 2019, Foz do Iguaçu , Paraná, Brazil

View details at: <https://www.congressofiep.com/>

Currently, the FIEP Congress of Foz do Iguaçu is the main sponsor of the World FIEP actions, supporting, in innumerable ways, projects such as the FIEP Bulletin Online, FIEP Teachers of Physical Education without Frontiers and the Physical Education Home - FIEP, in addition to the dissemination and communication of the entire FIEP World.

At same time occurs the following event:

XI Forum on Physical Education School

X Seminar on values of sport and Olympic education

VIII Forum of Rectors and Coordinators of Physical Education Courses in South America

VI International Seminar on the History of Physical Education

VIII Seminar on Physical Activity in Health Care

II Forum of Academies

Journal of Physical Activity and Health: The Official Journal of the International Society for Physical Activity and Health. Volume 15, Issue 11, November 2018

Editor - the abstracts from the articles in this current edition to be placed on their website are now available.

[View the abstracts](#)

Specific countries

AUSTRALIA

Vic Sport

Video: Gender Equity - Are You On Board?

This video features how sporting organisations are enhancing their governance practices in order to meet the incoming mandatory board quota by July 1 2019.

[Watch the short video](#)

Vic Sport

Good Governance: Best Practice

Good governance practices are vital to the effective and efficient operations of any organisation, including sporting organisations. [Sport Australia](#) (formally Australian Sports Commission) defines governance as the system by which organisations are directed and managed. It directly impacts:

- How an organisation develops strategic goals and direction

- How the board of an organisation monitors the performance of the organisation to ensure it achieves these strategic goals, has effective systems in place and complies with its legal and regulatory obligations
- Ensuring that the board acts in the best interests of the members.

Vicsport is committed to strengthening governance practices within Victorian sport. The following collection of resources, services and links have been compiled for use by sporting organisations.

For more information on how organisations can enhance their board practices, click [here](#)
[Source of information](#)

Women's Agenda (26 October 2018)

Dr Julia Walsh named first woman to coach national men's basketball team

Dr Julia Walsh has been appointed the first woman to coach a national men's basketball team in Australia, taking up the position with the Australian Boomerangs Men's team for athletes with intellectual disabilities.

She takes on the role 12 months out from the team competing in the International Federation for Intellectual Impairment Sport (INAS) in Brisbane next year.

Based at Deakin University's Centre for Sport Research and the School of Exercise and Nutrition Sciences, Dr Walsh said her appointment offers a great example of the pathways available for women pursuing coaching.

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[View the full news item](#)

Inside the games reports (29 October 2018)

Australia officially launch bid for 2023 FIFA Women's World Cup

Football Federation Australia (FFA) has today officially launched its bid to bring the 2023 FIFA Women's World Cup to the country.

The FFA is now calling for Australians to #GetOnside and submit registrations of support for the bid via its official website, [AusBid2023.com](#).

As part of the launch, a number of Australia's star players, including Lisa De Vanna, Alanna Kennedy, Caitlin Foord and Chloe Logarzo, joined FFA chief executive David Gallop at Sydney Harbour.

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[View the full news item](#)

ABC News (1 November 2018)

Caroline Wilson uses Andrew Olle Media Lecture to put spotlight on sexism in sport

From a female sports journalism "experiment" to chief football writer at one of the nation's biggest newspapers, Caroline Wilson's career has been a reflection of society's attitude to women.

The Walkley-Award-winner used her keynote address at the Andrew Olle Media Lecture in Sydney to shame sexism in sport.

During her speech at the black-tie dinner, which is hosted by ABC Radio Sydney, Wilson gave a scathing assessment of women's place in sports media.

[View the full news item and listen to the speech](#)

Sydney Morning Herald (9 November 2018)

'Women aren't the problem, the system is': AIS wants female leaders

Sport Australia boss Kate Palmer says it's time to smash the "merit trap" of overlooking female for executive or coaching jobs in sport, adamant a new program can reverse male-driven culture.

Sport Australia and the AIS launched a new talent program initiative on Friday, asking female sports executives and coaches to apply for positions in the inaugural intake.

It is hoped it will be the trigger for change given just 15 of 160 accredited Australian coaches were female at the Rio Olympic Games two years ago.

"Women are not the problem, the system is the problem," Palmer said. We wouldn't be doing this if we didn't think we could create change. If you set a target, we will aim for that. And it's not just us, it's the whole system making change.

[View the full news item](#)

Australasian Leisure Management (14 November 2018)

Victoria University to benefit from million-dollar investment in women's sport

Women's sport is set to benefit from a \$1 million investment by philanthropist Dr Susan Alberti that will see the establishment of The Susan Alberti Women in Sport Chair – with Victorian University's Professor Clare Hanlon taking the inaugural position.

Professor Hanlon is renowned for her commitment to breaking down barriers and creating opportunities for women in sport and sport participation while Dr Alberti has a long and proud connection with Victoria University, which awarded her an honorary doctorate in 2016.

The announcement coincides with the launch of the Victoria University Sports Strategy: From Grassroots to Elite.

Focusing on seven key areas, this new strategy contributes to building a more active Australia, achieving national sporting excellence, safeguarding the integrity of sport and strengthening the over-all sporting industry.

[Click here](#) to view the document Victoria University Sports Strategy: From Grassroots to Elite.

[View the full news item](#)

Janice Crosswhite - *The Greens won't win the state election but their policy is good for women in sport...*

The Victorian Greens

Building stronger, healthier communities with sports the Greens' Plan to ensure women's and community sports thrive

Women's and community sports remain underfunded, yet they are crucial to community health and wellbeing. The Greens will shine a light on this across the state, taking the politics out of funding and providing support where it is most needed.

We know playing sport is good for your health, but is also good for your wellbeing. Sports help build social connections and are a vital part of our community. Yet, lack of proper facilities and financial costs of participating in sports can become a barrier to people getting involved, meaning those who most need the benefits of sports are often missing out.

For years women's facilities have been badly neglected, so women often don't have change rooms or toilets, or enough courts to play on. People on low incomes, Aboriginal people and people from culturally diverse backgrounds have also often missed out due to costs of uniforms and other fees, as well as social barriers.

For too long, funding for community sports has been used as a political football. Too often funding is only committed during elections, and often it goes to marginal seats, rather than where it is most needed.

Our Plan

To take the politics out of community sports funding and ensure investment in community and women's sport where it is most needed, the Victorian Greens will:

- Launch a Parliamentary Inquiry into the availability and needs of community sports clubs and facilities across the state, with a particular focus on women's sports facilities, disability accessible facilities and supporting people on low incomes to be a part of sports clubs and teams.
- Provide \$800,000 over four years to fund Australia's Peak Women's sports agency – Women Sport Australia to continue to advocate for women in sport.

The Greens understand that when our community sports thrive, our community thrives. We will prioritise creating healthy, liveable communities

A general item....hopefully women's achievements in sport / dance will feature....

Her Place (16 November 2018)

A Women's Museum - an Australian first

Her Place Women's Museum Australia has warmly welcomed Friday's announcement of the establishment of a national Women's Museum at Clarendon Terrace and we support the \$1 million-dollar grant from the State Government to the National Trust.

"This is a huge milestone for Australian women," said Mary Delahunty, Her Place Director and Treasurer, who was at Clarendon Place this morning when the Minister for Women, the Hon Natalie Hutchins MP, made the announcement.

“Australian women can look to the future by examining – and celebrating – our past. Our stories, so often neglected or disregarded, will finally have ‘a room of their own’ – in fact, two whole floors of the beautiful Clarendon Terrace in East Melbourne, and a digital outreach.

“We invite everyone to come but, of course, we hold special hopes that young women and girls will be inspired by what they discover by women who have gone before. The museum, as well as collecting and telling stories, and holding artefacts and archives, will deliver dynamic educational programs for teachers and students and host topical public events.”

[View the full news item](#)

BAHRAIN

Inside the games reports (31 October 2018)

Bahrain Olympic Committee begin preparations for second edition of Women's Day Sportsfest

Preparations have begun for the second edition of the Bahrain Women's Day Sportsfest, scheduled to take place from November 29 to December 8 at Isa Sports City in Riffa.

The 10-day festival is being organised by the Bahrain Olympic Committee (BOC) Women's Sports Committee with the support of event specialists Out of the Box and is being held under the patronage of Shaikha Hayat bint Abdulaziz Al Khalifa.

Shaikha Hayat is a member of Bahrain's Supreme Council for Youth and Sports and the BOC and is chair of the Bahrain Women's Sports Committee.

[View the full news item](#)

INDIA

Beyond Sport reports (23 November 2018)

Organizations partner on sports curriculum for menstrual health

Every day, roughly 800 million girls and women around the world have their period. Nevertheless, in some parts of the world, this normal bodily function is viewed as taboo and the consequences — from the loss of educational and economic opportunities, to social exclusion and a number of possible health complications — can be dire.

[Common Goal](#), [WASH United](#) and [Slum Soccer](#) have teamed up to develop, test and implement an innovative curriculum that will use soccer to educate girls on how to manage their periods safely, hygienically and with confidence. The Menstrual Hygiene Management (MHM) Education Guide will reach over 2,200 girls across India, using the power of sport to empower young girls to become changemakers in their own community.

Menstruation is met with silence in India. Over half of all girls have no knowledge of what is happening to their bodies during their first period, and as many as 1 in 4 girls will not attend school due to menstruation. It is only with the knowledge of what menstruation entails, and how to manage it hygienically, that girls can be empowered to take charge themselves.

In light of these challenges, Common Goal, WASH United and Slum Soccer are building the capacity of community organisations in India working on female empowerment with an emphasis on sex education and menstrual care by giving them tools that incorporate sport to enhance lessons.

[View the full news item](#)

An event being delivered by this Canadian based international organisation....

International Sports Council Games 2018 (19)

January 11-13 2019, Multiple locations in Phagwara / Ludhiana (Punjab State), India

It is stated goal of our Sport Council to provide the opportunity for players of all ages to have safe, high level international competition. Our competitors will have the chance to compete under the supervision of experienced, honest and competent referees and we intend to ensure that this championships will be a memorable one which will live up to their and our ideals in every way.

[View more information](#)

IRAN

Editor - thanks once again to our national rep Robabeh Rostami for supplying an overview of activity in Iran for November, and all the excellent photographs, in a very informative news compilation - **view the November edition [here](#)**

A example from November compilation:

AFC, FIFA Presidents Laud Attending Female Fans at ACL Final (11 November 2018)



TEHRAN (Tasnim) – AFC President Shaikh Salman bin Ebrahim Al Khalifa joined FIFA President Gianni Infantino in welcoming the presence of more than 1,000 female fans at the Azadi Stadium for the 2018 AFC Champions League final on Saturday.

After the final won 2-0 on aggregate by Japan's Kashima Antlers against Persepolis of Iran, Shaikh Salman said, "Football in Asia has always been inclusive and the AFC welcomes supporters no matter their creed, beliefs, gender or race." "I thank the authorities in Iran for making it possible for a diverse and socially representative crowd to witness an extraordinary occasion.

Saturday night was historic in so many ways and showed that the AFC continues to develop their competitions." Also Infantino said, "So much credit must go to the Government of the Islamic Republic of Iran and the Football Federation Islamic Republic of Iran for their co-operation and support in staging this memorable final."

The FIFA President added, "I was delighted to personally witness that, for the first time in 40 years, Iranian female football fans were allowed to attend an official match again." "The fact that over 1,000 women could cheer their favorite team and that this took place during Asian football's most important game of the season, the AFC Champions League finale, makes this occasion even more special." He also praised the AFC and FFIRI for the key role on such a historic occasion. He added his thanks to the Iranian authorities and in particular the President of the Islamic Republic of Iran Hassan Rouhani.

JAPAN

Inside the games reports (9 November 2018)

Japanese women's goalball team win IPC Allianz Athlete of the Month award for October

The Japanese women's goalball team has won the International Paralympic Committee (IPC) Allianz Athlete of the Month award for October after claiming a first-ever Asian Para Games title.

The team beat Paralympic silver medallists China 5-3 in the final in Indonesia's capital Jakarta.

They received 39 per cent of the public vote.

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[View the full news item](#)

MEXICO

Marbella Ibarra's lifeless body, found at "Rosarito" - Major precursor of Mexican soccer and gender equality

Mexican soccer is in mourning. Marbella Ibarra, one of the main precursors of Mexican soccer, ferocious fighter for gender equality and founder of the female soccer club "Xolas", was found dead at Rosarito, Baja California. The states' attorney confirmed the sad news, after the former trainer and Tijuana's sport director had gone missing since September 19, as her family reported...

Full text in Spanish by “Marca Claro” available at: <https://www.marca.com/claro-mx/futbol/futbol-femenil/2018/10/18/5bc7c948268e3e78208b4655.html>

Translated to English by Francisco Samuel Cortés Hernández.

SPAIN

Publication - The gender perspective in the university sports

We send the URL that gives access to the recent publication of the Women and Sport Seminar-INEF Madrid THE GENDER PERSPECTIVE IN THE UNIVERSITY SPORTS: orientations for athletes, technical personnel and leaders, who won the Gender Equality Award 2016 of the International Federation of University Sports (FISU).

http://seminariomujerydeporte-inefmadrid.com/la_igualdad_de_genero_en_el_deporte_universitario/index.html

As you can see, the document has an informative and formative nature and allows you to navigate directly through all its sections.

Ph.D Carmen Rodríguez Fernández
Full Time Professor
Department of Physical Education and Sports.
Track & Field National Coach-Royal Spanish Athletics Federation
University of Seville
SPAIN

Phone: +34 955420464

Workshops in Spain

In November:

Workshop - Women, Athletes, Trainers, Referees and Managers in Athletics: Creating Networks, Empowering in Sports Leadership
24 November 2018, Malaga, Spain
OBJETIVOS:

- Hacer visibles a todas y cada una de las mujeres entrenadoras, directivas y o jueces en atletismo.
- Detectar las deficiencias y problemas que pueden tener como colectivo. Hacer presentes sus historias de vida.
- Proponer redes de conexión, apoyo entre mujeres entrenadoras, atletas, dirigentes y jueces de atletismo.
- Crear conciencias de excelencia deportiva entre ellas.

And in December:

Women and Athletics Workshop: Methodological, psychological and nutritional aspects in training

15 and 16 December 2018, Tenerife, Spain

Se trata de un Taller-seminario participativo dirigido a todos los estamentos del deporte en general y del atletismo en particular, buscando sensibilizar y formar en el trabajo de la enseñanza y el entrenamiento de chicas y chicos en el mundo de atletismo. Unos y otras necesitan y requieren atención en equidad y a la vez trabajo adaptado a sus necesidades, sexo y edad.

Para llevar a cabo todo ello se realizaran, charlas, talleres y actividades vivenciadas con chicas y chicos para tratar de sensibilizar y visibilizar aspectos ligados al entrenamiento y formación en materia de igualdad desde la diferencia.

UK

Rugby Football Union (29 October 2018)

Latter elected to the RFU Council

Former England Women's international Louise Latter has been elected as the women and girls' representative on the Rugby Football Union (RFU) Council.

The appointment was confirmed at the recent RFU Council meeting, after a number of high-quality applications were put forward for the position. Latter takes over the role from Deborah Griffin who has become an RFU representative to the World Rugby Council.

Latter, who moved into community rugby with Middlesex Rugby, after her playing career is a professional marketing, communications and strategic consultant.

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[View the full news item](#)

Department for Digital, Culture, Media and Sport (1- 2 November 2018)

Minister for Sport etc - Tracey Crouch resignation

Editor - nothing on their website but many organisations in the sport sector paid tribute to her work over the last few years - [Sport and Recreation Alliance for one](#) and a [Sport Industry Group news item](#)

Then....

Department for Digital, Culture, Media and Sport (5 November 2018)

PM appoints Mims Davies as Sport and Civil Society Minister

Mims Davies was appointed as Parliamentary Under Secretary of State at the Department for Digital, Culture, Media and Sport on 5 November 2018.

She was previously Assistant Government Whip from January 2018 to November 2018, and Parliamentary Under Secretary of State for Wales from July 2018 to November 2018.

[View more details](#)

Sunday Times Sports Women of the Year Awards 2018 (1 November 2018)

Winners 2018

The Sunday Times Sportswoman of the Year

1st: Dina Asher-Smith

2nd: Lizzy Yarnold

3rd: Katie Archibald

Young Sportswoman of the Year - Georgia Hall

Team of the Year - England Netball Squad

Disability Sportswoman of the Year Menna Fitzpatrick & Jen Kehoe

Grassroots Award - Alex Paske

Helen Rollason Award for Inspiration - Trish Deykin

Lifetime Achievement Award - Jennie Price CBE

[Source of information](#)

Women in Sport (1 November 2018)

Winners of 2018 Girls Active Awards celebrated at the Houses of Parliament

Girls from across the UK gathered in London at a ceremony hosted by Baroness Tanni Grey-Thompson.

The Youth Sport Trust and Women in Sport have celebrated the five winners of the 2018 Girls Active Awards at a ceremony at the UK's Houses of Parliament.

Girls Active is developed by the Youth Sport Trust and delivered in partnership with This Girl Can and Women in Sport through Sport England National Lottery funding. It supports schools to understand what motivates girls to take part in physical activity and empowers girls to influence change for themselves and their peers. The programme is aimed at tackling the negative attitudes that girls may have towards their body image or self-confidence and improve their attitude towards PE, sport and physical activity.

The 2018 winners were:

Leader Award: Buckinghamshire's Cariad Lucas consistently promoted the aims of her school's 'Girls Active Takeover' club.

Influencer Award: Riley Morris, from Manchester, has coached, managed and supported female football players in her school.

Girls Active Group Award: A group of 15 girls from Great Marlow GLAM in Buckinghamshire led the weekly Girls Active Takeover Club, and also organised an activity day for 150 primary schoolchildren.

Personal Growth Award: Lancashire's Louisa McClintock headed up the marketing of a school dance team. She also gave a speech on the positive impact sports can have on mental health.

Future Leader Award: Tia Kilkenny from Nottingham was nominated by no fewer than seven teachers and students.

[View the full news item](#)

Youth Sport Trust (8 November 2018)

Football boosting young girls' mental wellbeing and confidence

Girls' mental health in schools is being helped through football, new research from children's charity the Youth Sport Trust and The Football Association (FA) has found.

It has been revealed that girls' confidence, motivation and life skills have been improved following participation in Game of Our Own - delivered by the Youth Sport Trust in collaboration with The FA.

[Game of Our Own](#) is focused on introducing more girls to the game by teaching leadership skills, which can then be applied in girls' own schools to engage their peers. It also supports schools and teachers to have a better understanding of barriers to participation and how to engage girls.

40% of the girls who took part in a post programme survey said that their mental wellbeing had been improved by taking part. It also revealed that 90% of girls who had helped to lead and deliver the programme said their confidence had been improved generally – with more girls feeling that their confidence to play football had been boosted.

Game of Our Own has already reached more than 11,600 girls since launching in January 2018. It is expected that more than 20,000 girls across England will have been engaged in the programme by Autumn 2019.

For more information, case studies and to read the full research report visit the YST's FA Partnership page [here](#). To register interest in receiving support for your school to engage girls in football please email FAgirls@youthsporttrust.org

[View the full news item](#)

The report....

Youth Sport Trust Evaluation of Girls' Football Programmes. Final report. Youth Sport Trust, dated August 2018 (36 pages)

The Girls' Football Programme has demonstrated the value of a targeted school approach that has facilitated the engagement of girls, and the establishment of a range of new networks and relationships to foster girls' football in schools. Critical to this is the Activator model that must be retained in future programme delivery. In the future an emphasis should be on tackling remaining long running prejudices towards girls' football amongst boys and some male members of staff.

[Download a copy](#)

Women in Sport (12 November 2018)

Empowering the future of sport

Individuals from across the sports and gender equality sector came to the Museum of London for Women in Sport's Empower conference last month. Here are some of the highlights....

[View the news item](#) and [access a video of the conference](#)

Women in Sport - E-Newsletter, November 2018 - [available to view](#)

UK Sport (13 November 2018)

Nicholl announces intention to step down after 'incredible' 20 years at UK Sport

- Liz Nicholl CBE to step down as CEO of UK Sport in the summer of 2019
- Decision comes after a remarkable career spanning 10 Olympic and Paralympic Games which has seen a transformation of the UK high performance system
- Search for successor to begin imminently to allow for a smooth transition and handover for Tokyo 2020 Games
- Nicholl to step out of demanding role to focus on family and other interests

Liz Nicholl CBE, Chief Executive Officer of UK Sport, the nation's high performance sport agency, has today (Tuesday 13 November 2018) announced plans to step down next summer after what will then be 20 years in a leadership role at UK Sport, nine as CEO.

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[View the full news item](#)

Premier League (14 November 2018)

New Premier League Chief Executive appointed

The Premier League announces today that it has appointed Susanna Dinnage to the role of Chief Executive.

Bruce Buck, Chairman of Chelsea and the Premier League's Nominations Committee, said: "We are very pleased to appoint such a capable leader to this important role.

"We had a very strong field, but Susanna was the outstanding choice given her track record in managing complex businesses through transformation and digital disruption.

.....
[View the full news item](#)

Awareness - not advertising the book....

Staffordshire University (week beginning 19 November 2018)

Experts create exercise handbook for women in sport

Leading experts have come together to create the first scientific handbook for women involved in sport.

Dr Jacky Forsyth, Associate Professor of Exercise Physiology at Staffordshire University, has co-edited '[The Exercising Female: Science and Its Application](#)' alongside Sport Psychologist Claire-Marie Robertson.

"We've called it 'The Exercising Female' because it is relevant to any woman who exercises – and we know that is a large part of the population. More women than ever are involved in sport at a recreational and professional level." Dr Forsyth explained.

"Despite this growth in participation, research on the exercising female, and how a woman's body responds to exercise still falls short of that carried out on men."

This is the first book to address women as a unique population and focuses on physiological, biomechanical, psychological and nutritional aspects that are specific to females taking part in sport. Based on the latest research, the text covers a range of topics including the menstrual cycle, bone health and body image

'The Exercising Female: Science and Its Application' is published by Routledge and [is available to buy here.](#)

[View the full news item](#)

England and Wales Cricket Board (20 November 2018)

ECB to recruit 2,000 South Asian female mentors

ECB today announced £1.2 million in funding from the National Lottery awarded by Sport England to develop a network of 2,000 female role models to inspire the next generation of cricketers.

England and Wales Cricket Board (ECB) today celebrated the progress already achieved via the [South Asian Action Plan](#) as it announced £1.2 million in funding to develop a network of 2,000 female role models. The grant from the National Lottery awarded by Sport England, will be used to retain, develop and expand cricket's female volunteer network.

The new volunteer 'activators' will combine coaching and mentoring to inspire and support the next generation of cricketers.

They will support the delivery of [All Stars Cricket](#), ECB's entry-level-cricket programme for five to eight year olds, in seven cities and act as role models, showing young people the positive part that cricket can play in their lives.

[View the full news item](#)

Royal Yachting Association (November 2018)

November edition of The Club Room - *useful information*:

New guidance on providing childcare at your club

To help clubs to attract and retain family members, we've produced some practical guidance on setting up a club crèche. By providing a safe environment where small children are looked after for a few hours, clubs can enable parents to continue to get out on the water, and reduce the dip in participation and membership that we often see in the 30-45 age group.

As long as the crèche is only available for a limited time, is properly supervised and a child's parents or carers are in the immediate area and can be summoned if needed, there is no requirement to register with Ofsted as a childcare provider. [Our Childcare Provision guidance can be found here](#)

[View the full news item](#)

USA

Inside the games reports (30 October 2018)

Rio 2016 Olympian Orji claims 2018 NCAA Woman of the Year award

Rio 2016 Olympian Keturah Orji has claimed the 2018 National Collegiate Athletic Association (NCAA) Woman of the Year award.

The 22-year-old finished fourth in the triple jump event at the 2016 Summer Olympic Games in

the Brazilian city and also represented the United States at the World Championships in London the following year.

Orji, from the University of Georgia, is also an eight-time NCAA individual national champion. She was chosen for the award from a nine-strong shortlist of athletes and accepted the prize at a banquet dinner held in Indianapolis.

[View the full news item](#)
