



News and Resource Update January 2016: Your guide to what's happening around the world

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IAPESGW 18th World Congress, Barry University, Florida, USA 17 – 21 May 2017

There is now a website for our event being hosted by Barry University at:

www.barry.edu/iapesgw

Joining IAPESGW – Special membership offer extended

We are pleased to advise colleagues of the special rate of \$50 Canadian for a membership covering 2016 to 31 March 2017 – please encourage your contacts to take up this offer.

[Visit 'Joining IAPESGW' to take advantage of the offer](#)

IAPESGW Symposium in Iran:

A further report from Rosa D'Amico and Tansin Benn

In the previous bulletin there was a brief report of IAPESGW's Regional Symposium in Iran and of the activities IAPESGW board members undertook with the International Committee for Sport Pedagogy (ICSP) a working group of ICSSPE, at a meeting prior to the Symposium. In this bulletin we share some photographs of the amazing experience we all shared in Tehran at the invitation of the Ministry of Youth and Sport.

Built into the programme of the IAPESGW Regional Symposium: Women's Empowerment in Sport was several meetings and visits. The first was with: the Minister of Sport and Youth – Prof. Mahmoud Goudarzi, the Rector of the host venue Alzahra University – Prof. Ensiyeh Khazali, and the Presidents and Vice Presidents of various Sport Federations. These VIPs were also present in the opening of our symposium, where we were fortunate to have the presence of Ms Robah Shahrian (Chairperson of Women's Sport deputy and first Vice President of the NOC) who is one of the women considered to have given most support to women's empowerment and participation in sport in Iran, and Ms Shahindokht Molaverdi (Vice President for Women's Affairs and the Family) who works closely with the President of the country.

We were privileged to meet athletes who represent Iran in shooting, Wushu, Canoeing-Rowing-Sailing, Motorcycle and Car Racing, Basketball, besides visiting the Olympic Academy and the Biomedical Labs, as well as a beautiful fitness center and other social activities. In all those places we were well received by officials and athletes. We have to say that there was a great LOC who took care of all details of our visit, but particularly we want to highlight Prof. Abdolhamid Ahmadi (Senior Advisor of the Minister of Sport and Youth – Deputy of Culture, Education & Research), Dr. Reza Shajie (Executive Secretary of the Symposium) and Dr. Mahsa Hosseini (International Secretariat of the Symposium) for all their coordination and work during our visit in Iran. We had indeed a full schedule during those 4 days. On Saturday 12th & 13th morning we had the ICSP meeting, in most of our IAPESGW board members were present. From ICSP were Walter Ho (ICSSPE Vice President), Branislav Antala (FIEP – ICSP Chair), Martin Holzweg (ISCPES), Marc Cloes (AIESEP), and Detlef Dumon (ICSSPE). The presence of IAPESGW and our symposium was broadcast in the media (TV, Radio and newspapers).



At the Ministry of Sport and Youth after a meeting. In the center, the Minister of Youth and Sport - PhD Mahmoud Goudarzi, to his left Ms Robah Shahrian (Chairperson for Women and Sport Deputy and Youth Ministry of Iran). In the photograph there are representatives from the Ministry, IAPESGW, ICSP, ICSSPE and ICCS Dec. 13th, 2015



Dec 12th, after the ICSP meeting. Left to right: Reza Shajie, Branislav Antala, Marc Cloes, Maria Diketmüller, Rosa D'Amico, Beatriz Ferreira, Keh Chin, María Dolores Gonzalez, Detlef Dummon, Walter Ho, Martin Holzweg



Minister Mahmoud Goudarzi presenting to Rosa D'Amico



At the opening of the 2nd Symposium. Ms Shahindokht Molaverdi (Vice President for Women's Affairs and Family) in the center



At the closing ceremony Abdolhamid Ahmadi, Rosa D'Amico, Robah Shahrian, Maryam Koushkie, Beatriz Ferreira, Tansin Benn, Keh Chin



Wushu team after training session



Basketball game at Alzahara University



At the Shooting training center with athletes and federation board members



Motorcycle and Car Racing athletes



With board members and athletes for canoeing



At the Fit Gym

In our symposium we had 300 delegates from 14 countries – Austria, Belgium, Brazil, Germany, Iran, Iraq, Macau-China, Malaysia, Qatar, Slovakia, Spain, Taiwan, Turkey, United Kingdom and Venezuela. The academic level of the symposium was very good and diverse. We also had the presence of a representative from 'Save the Dream – Siham Alawami (Qatar).

It was a highlight in the symposium during the closing ceremony when Tansin had the privilege to read the Closing Statement. It was very meaningful for Tansin who was also a key person for the 'Accept and Respect Declaration' in 2005 in Oman. If you are interested in the declaration statement from this symposium, just check it in our IAPESGW web page.

We thank Maryam Kouskhie (IAPESGW board member) who initiated the contacts to make this IAPESGW symposium in Iran possible. To the Iranian Ministry of Sport and Youth who were directly responsible for the invitations and event, our sincere appreciation. Thanks to the LOC for all their work to make this visit a memorable one and who to those who accepted our proposal to have the ICSP meeting in Iran. Thank you to all the staff of Alzahara University who made us feel comfortable in the symposium venue. Thank you to the Municipality of Tehran for their kind reception at the Mirhad Tower.

The LOC did a wonderful job by combining the Symposium with visits to various training centers, gyms and public spaces for physical activity, the guided visit to the Olympic Academy, meetings with Sport Federation members, the visits to the university, cultural

centres, and the wonderful hospitality. It is indeed so important that the government supported the celebration of this symposium in order to empower women's participation in sport. Let us all celebrate this amazing experience and applaud the work of the Ministry of Youth and Sport for women in Iran alongside deepest appreciation for women's visibility in sport management and participation.

There are more pictures to view from the Iran Symposium:

[Gallery 1](#)

[Gallery 2](#)

[Gallery 3](#)

[Gallery 4](#)

International

European Commission – Sport (5 January 2016)

European Week of Sport 2016 - what's in store?

As announced on 24 November 2015 by Tibor Navaracsics, the Commissioner for Education, Culture, Youth and Sport, this year's European Week of Sport will start on 10 September 2016.

After enjoying a very successful first edition in 2015, the 2016 European Week of Sport will continue promoting participation in sport and physical activity and raising awareness about their benefits.

Have a look at the [main elements of the 2016 Week\(164 kB\)](#) , including:

- A focus on education environment, workplace, outdoors, sport clubs and fitness centres (same as in 2015)
- Further outreach to local levels with more communication in national languages and national ambassadors of the Week
- A reinforced network of national coordinators and European partners

It will be a truly European event with both centralised events and activities, and national ones held across EU countries, targeting people of all ages, backgrounds and fitness levels.

Centralised events and activities will take place from 10 to 17 September, including, among others the official Opening of the Week (10 September) and a Flagship event (15 September).

Many more events will take place all over Europe with national editions of the European Week of Sport, organised in close cooperation with national coordinators, starting between 10 and 24 September.

As in 2015, the 2016 European Week of Sport will be supported through specific funding under Erasmus+: Sport. Stay tuned for more information coming soon.

[Source of information](#)

Sixth International Congress on Physical Activity and Public Health - Active Living for All: Active People, Active Place, Active Policy 16-19 November 2016 in Bangkok, Thailand

The conference theme will highlight the importance of integrating physical activity in all policies.

Applications are currently open to submit an abstract for an oral or poster presentation that fits into one of the thirteen sub-themes of the conference.

The abstract deadline is 29 February 2016.

[View more details](#)

Awareness...

Department of Sports Sciences, University of Paris-Est, France - 2016 International Summer School for Young Researchers – Course for PhD Students: *Physical Activity and Sport : Current Discourses and Practices from a Human and Social Science Perspective*

27 June – 1 July 2016,

Participants are expected to be PhD students or young researchers (e.g. planning a PhD) working on a project in the field of human and social sport sciences. They will be selected

according to the relevance of the topic and the quality of the project. The number of students will be 25 to 30 and the Summer School aims to include participants from various countries and cultures.

Course fee: 150€ for participants. 100€ for participants who submit a paper for 2016 ISHPES congress.

Call for application

Please fill in the online application form at: <http://acp.u-pem.fr/summer-school-sport>

Deadline: 31 March 2016.

Applicants will be informed of their acceptance at the end of April.

Inside the games reports (6 January 2016)

More can be done to get women into high-profile sporting roles, DeFrantz claims

American International Olympic Committee (IOC) member Anita DeFrantz feels more can be done to help women secure high-profile positions within sport, highlighting Rio 2016 as a key tool to inspire more females to get involved.

DeFrantz, who stepped down last year as head of the LA84 Foundation, the non-profit organisation created to manage the profits created by the 1984 Los Angeles Olympics, is one of a number of women who are playing important roles in the American city's bid for the 2024 Games.

Four-times Olympic swimming champion Janet Evans is the vice chair and director of Athlete Relations for Los Angeles 2024, while Olympic kayaker Tamara Christopherson was recently appointed associate director of athlete relations.

They are joined by IOC member Angela Ruggiero, also vice-chair of the IOC Athletes Commission, and all are hoping 2016 is a "year for women leaders in sport".

"Twenty-fifteen was a very successful year for women in sport," DeFrantz said.

"We have seen many extraordinary achievements on and off the field of play, and that is set to continue in this Olympic and Paralympic year.

"There is also a rise in the number of prominent women administrators in sport but, as Olympic Agenda 2020 highlights, there is still more that can be done in this regard.

"As President of the LA84 Foundation, I worked to ensure that one of the legacies from LA's Games in 1984 was to ensure greater gender equality in sport throughout the United States and I'm sure that at Rio 2016 we will see the Olympic Movement take a step closer to its goal of achieving 50 per cent participation of women in the Olympic Games."

[View the full news item](#)

Inside the games reports (6 January 2016)

IAAF Ethics Commission no longer all-male following two new appointments

Two women have been added by the International Association of Athletics Federations (IAAF) to its previously all-male Ethics Commission, it was announced today.

Former judge of the Constitutional Court of South Africa Catherine O'Regan and Singapore National Olympic Council vice-president Annabel Pennefather have been named as the additions.

O'Regan served as chairperson of the United Nations Internal Justice Council between 2012 and 2014 and oversaw allegations of inefficiency in the South African Police Service when she chaired the Commission of Inquiry.

Pennefather, meanwhile, is a Singaporean lawyer who was her country's Chef de Mission for the 2002 Commonwealth Games in Manchester and the 2004 Olympics in Athens.

She also held the role for the Asian Games in Qatar in 2006, the New Delhi Commonwealth Games four years later and the Southeast Asian Games in Myanmar in 2013.

The two appointments bring the total number of members of the Ethics Commission to nine.....
[View the full news item](#)

Inside the games reports (26 January 2016)

LG Electronics announced as title sponsor for 2016 Women's Baseball World Cup

South Korean technology giants LG Electronics have been announced as the title sponsor of the World Baseball Softball Confederation (WBSC) 2016 Women's Baseball World Cup.

The agreement was signed at the company's Twin Towers headquarters in Seoul, with members of the WBSC and the Women's Baseball Association of Korea (WBAK) present.

It expands the existing relationship between LG and WBSC, with both organisations having partnered to deliver the LG Cup, an annual international women's invitational baseball tournament for clubs.....

The seventh edition of the women's tournament is due to see 12 countries compete for the title in Gijang County in Busan in South Korea from September 3 to 11.....

[View the full news item](#)

This document has been highlighted by an IAPESGW member for readers to be aware of...it isn't new though...

The Power to Lead: A Leadership Model for Adolescent Girls. CARE, no date – 2009? (17 pages)

This paper was developed to help guide CARE's leadership model for girls in Power Within. It provides a literature review of definitions and approaches to girls' education and leadership development. In addition to the literature review, expert informant interviews were conducted

to develop a working definition of leadership and identify leadership competencies, and the findings are presented. Finally, this paper outlines the process of reflection that was undertaken once a definition of leadership for young adolescent girls had been developed. Using CARE's gender empowerment framework to develop a theory of change, a girl's leadership model was developed that values the role primary school education has in a girls' life at this age, as well as her ability to interact in structured activities that build her leadership skills.

This paper focuses on leadership development for girls ages 10 to 14 because, in many parts of the developing world, this is the critical period of life when a girl is expected to transition from childhood to adulthood. Too often, this transition is marked with little time for a girl to form her own opinions, try out new skills, or safely explore her world without the burden of adult responsibilities.

[Download a copy](#)

UK initiative with international participation...

Big Dance Pledge 2016 - 5 January - 20 May 2016

In the 10th and final year of Big Dance, the UK's biggest celebration of dance and dancing, People Dancing and the Mayor of London are delighted to announce that the Big Dance Pledge for 2016 will be created by Akram Khan.

The Big Dance Pledge is an opportunity for dance practitioners and enthusiasts to take part in a unifying performance and creative process with other groups across the globe, united by Akram Khan's choreography and a specially created music track by long standing collaborator Nitin Sawhney

1. From 5 January 2016, register for free access to the choreographic resources - films, music track and written guides.
2. Use them with your dance group, friends or colleagues to:
Learn the 3-minute dance, or
Explore creative ideas and develop your own choreography inspired by Akram Khan's and using Nitin Sawhney's music track
3. Perform on 20 May 2016 at 1pm or 7pm local time, as part of a series of performances across the world connecting you to thousands of other dancers, or on any other date to suit you

Akram Khan's work is recognised around the world for its collaboration and reflection of combined cultural influences and includes his unforgettable work on the London 2012 Olympic Games Opening Ceremony.

The Big Dance Pledge has seen over 350,000 people dancing its choreographies in over 50 countries. Bringing Akram's work to Big Dance gives you the opportunity to be part of an extraordinary celebration of people of all ages, abilities and experiences dancing.

[Hear more from Akram about his vision for Big Dance on this page](#)

View more details at: <http://www.bigdance.org.uk>

Journal of Physical Activity and Health, Volume 12, Issue 10, October 2015

Editor – this edition has now been released on the website – you can read the abstracts of the articles.

[Access the abstracts](#)

Specific countries

CANADA

Canadian Association for the Advancement of Women and Sport and Physical Activity (CAAWS) - Most Influential Women

Ottawa, January 21, 2016 – Following the “2015 Year of Sport in Canada” the CAAWS Most Influential Women List recipients are demonstrating their influence from coast to coast and from provincial to international levels in all roles of sport and physical activity. These women have made a significant impact in their areas of expertise and are role models for future generations.

“After an exciting *Year of Sport* in Canada, we have seen some very positive shifts with women taking on more leadership roles that influence sport at the highest level, and female

athletes showing their influence on and off the field, said Karin Lofstrom, Executive Director CAAWS. “We are excited as well to expand our CAAWS Most Influential Women List to showcase our new **Wall of Influence** which will recognize women who have had an ongoing influence in sport in Canada and have been on our list 5 or more times.”

[View the The CAAWS Most Influential Women List of 2015](#)

IRAN

Inside the games reports (26 January 2016)

Iran Wrestling Federation establishes annual salaries for female coaches

The Iran Wrestling Federation (IWF) has taken the decision to establish annual salaries for female coaches as part of its continuing bid to develop a robust women’s wrestling programme within the country.

The salaries were awarded to traditional wrestling coaches Ferasat Mobtadi, Setarah Esmaeili and Maryam Sadat Ghadamgahi.

Additionally, the IWF awarded six female coaches gold coins in recognition of their hard work and dedication to wrestling in Iran.

During last week’s Takhti Cup in Iran’s capital Tehran, the IWF took time to reward Mobtadi, Esmaeili and Maryam Valizadeh in belt wrestling, and Ghadamgahi, Homeria Rajabzadeh and Sakineh Kazemi in grappling.

Kiomars Hashemi, President of the National Olympic Committee of the Islamic Republic of Iran, was in attendance for the ceremony along with the vice-president of women’s wrestling Maryam Monazami.

According to a report by the World Economic Forum, published in November 2015, women in Iran are nearly equal to men in access to healthcare and education, but wide rifts exist in other areas, such as job opportunities and equal pay.

Ranking 145 countries around the world in health and schooling women, Iran obtained a score of 99 to 110 to indicate near gender equality.....

[View the full news item](#)

IRELAND

Department of Transport, Tourism and Sport, Ireland (14 January 2016)

Ireland’s first ever National Physical Activity Plan is launched by Govt

The Government has today (Thursday) launched Ireland’s first ever national Physical Activity Plan which aims to get at least half a million more Irish people taking regular exercise within ten years.

Minister for Transport, Tourism and Sport, Paschal Donohoe, Minister for Health, Leo Varadkar, Minister of State for Tourism and Sport, Michael Ring and Minister of State for Primary Care, Social Care & Mental Health, Kathleen Lynch, launched the plan in Ballybough Community, Youth & Fitness Centre.

The key target is to increase the number of people taking regular exercise by 1% a year over ten years – that’s around 50,000 people every year or half a million in total – by making exercise a normal part of everyday life and giving people more opportunities to be active.....

[View the full news item](#)

[View the associated factsheet](#)

ISRAEL

Inside the games reports (12 January 2016)

Moran Samuel named Female Athlete of the Year at Israeli Paralympic Committee annual awards

Moran Samuel has been named Female Athlete of the Year at the Israeli Paralympic Committee's annual awards ceremony.

The para-rower was honoured for her gold medal triumph in the women's AS single sculls at the 2015 World Rowing Championships, which were held Lake Aiguebelette during September.

Having claimed a silver in 2014, she proved able to rise to the top of the podium after completing the 1,000 metre distance in a time of 5min 25.92sec to fend off Britain's Rachel Morris and Norway's Birgit Skarstein.

The 33-year-old, who in June earned World Cup gold at Varese, Italy, was honoured throughout the year for her excellent performances by being named International Paralympic Committee (IPC) Athlete of the Month for September and was also crowned International Rowing Association's (FISA) Sportswoman of the Year.....

[View the full news item](#)

UK

An event to note...

Let's Dance International Frontiers 2016 Conference - *Black Women in Dance: Stepping Out of the Barriers*

10 May 2016, City Hall, Leicester, England

Booking has opened for a much needed one-day conference, celebrating the impact Black Women have had on the international dance ecology from the early trailblazers to the contemporary ground breakers.

The conference, will explore the aesthetics that have shaped Black dance internationally. Examining the struggle for a sustainable Black voice in the UK dance scene, giving appreciation to companies such as Phoenix Dance and Ballet Black, and dance agencies such as ADAD and State of Emergency, who have long strived to ensure that the cultural landscape of British Dance reflects the Black British presence.

[View more details](#)

Scottish Government (2 January 2016)

Encouraging physical activity in younger children

Glasgow project to get kids on the move. A new scheme to encourage physical activity among young children will be funded by the Scottish Government.

The Active Early Years project, collaboration between the Winning Scotland Foundation and registered social landlording homes, will run in North Glasgow. It will aim to find ways to get three to seven-year-olds to take part in physical activity and sport.

The Scottish Government is providing £30,000 towards the project, with ng homes providing further investment.

Active Early Years will be a continuation of the Winning Scotland Foundation's work to create

the habit of physical activity in young children as they move from nursery to primary school. The organisation will work with ng homes regeneration team to engage with parents, schools, clubs and community groups. They will develop ways to encourage physical activity and make it fun and engaging for the children.

The project will be based on learning from other Winning Scotland Foundation projects, which have been supported by the Scottish Government.

This includes Active Families, which was a collaboration between NHS Lanarkshire and North Lanarkshire Council and engaged children and parents in active play and games at nursery schools. Edinburgh PE Project meanwhile saw a focus on creating a culture of daily activity in primary schools, engaging parents through the idea of physical homework.

Independent evaluation of these projects showed increases in fitness levels, PE skills and correlation to improved behaviour. Staff also reported greater confidence in delivering physical activity sessions.....

[View the full press release](#)

sports coach UK (4 January 2016)
Reach a Resolution to Coach in 2016

sports coach UK is encouraging women of all ages and backgrounds to make a health and fitness resolution with a difference this year to Reach into coaching.

A new year is a fantastic time for you to try something new. Whether you are thinking about coaching for the first time or want to improve your current coaching practices, Reach can support you.

Reach is a campaign created by sports coach UK to support women in coaching. It aims to identify and engage women that have a broad range of passions and experience that can be used to help get more people involved in sport through coaching.

Since launching in October, Reach has worked hard to help partners provide more opportunities for women to begin their coaching journeys and for existing coaches to develop as a coach. One example takes place in South and West Yorkshire. The Yorkshire Sport Foundation is working in eight of their most deprived communities around the region to support women with great influence in their communities to get their friends and families more active.....

Become someone's role model this year. Find out if coaching is for you and how to get started today by visiting the Reach website at: www.reachintocoaching.co.uk

[View the full news item](#)

England Athletics (5 January 2016)
Role models for women coaches - Ruth's story

Are you passionate about being involved in coaching athletics? Because now is the time to make it happen.

England Athletics are working with local women in local clubs to tell you how they become involved in coaching, what support was given, how they juggle family commitments, and work life.

Ruth Worthington

Bury Athletics Club

Athletics Coach: U15, U13 multi discipline and U17 throws

.....
[View the full news item](#)

England Athletics (29 January 2016)
Role models for women coaches - Kate's story

Kate Macpherson

Elvet Striders RC & Durham Mums on the Run
Endurance Coach

.....
[View the full news item](#)

Inside the games reports (6 January 2016)
Pentathlon GB appoints new chief executive

Pentathlon GB today announced the appointment of Danielle Every, the former director of football operations at the English Football Association (FA), as its new chief executive.

Every is due to start her new role on February 8 with Ian Price continuing to assist as interim chief executive during her first two weeks before returning to his role as Board member and treasurer.

She replaces Nigel Laughton, who left his position in September with Pentathlon GB citing "significant differences" between him and the Board as the reason.....

[View the full news item](#)

Sport and Recreation Alliance reports (12 January 2016)

One year on the This Girl Can is inspiring millions of women and girls to get active

Millions of women and girls have been inspired to get active by Sport England's This Girl Can campaign.

2.8 million 14-40 year old women who recognise the campaign say they've done some or more activity as a result, 1.6 million of whom say they've actually started exercising.

These are findings from new independent research, carried out by analysts from TNS BRMB, released today on the campaign's first birthday. The snapshot survey asked a sample of 1000 women in November 2015 about the physical activity they did, their attitudes to exercise and their awareness of the campaign.

The findings come one month after Sport England's annual survey of the amount of sport and physical activity the nation does, known as the Active People Survey. It found that 148,700 more women were active for at least 30 minutes once a week, every week in the 12 months up to September 2015, compared to the 12 months up to March 2015.....

Other findings published today include:

- This Girl Can films have been viewed 37 million views on campaign's YouTube and Facebook channels alone
- 540,000 women and girls have joined the ever growing This Girl Can social media community
- There has been 660,000 tweets using #ThisGirlCan
- The campaign has been talked about on social media every single day since it launched on 12 January 2015 - including Christmas and New Year's Day.

- The campaign has been talked about in over 110 countries around the world

.....
[View the full news item](#)

[View the Sport England news item](#)

England Golf (13 January 2016) This Girl Can birthday highlights golf campaign

Happy first birthday to This Girl Can - the inspiration behind the #ThisGirlGolfs campaign to get more women and girls playing the game.....

Golf has its own positive story. This Girl Can inspired the video campaign #ThisGirlGolfs, which was launched last July to shift the perception that golf is a game for men and show that it's an accessible game for all.

The video, produced by Sports Publications with the backing of England Golf, the PGA and Scottish Golf, has already received over 3,000 views on its microsite, has featured on over 370 websites and the hashtag has been used over 8,000 times.

It's set to get even more exposure as the new season gets underway and #ThisGirlGolfs supports a host of England Golf activities with clubs and counties to attract women and girls.....

England Golf is already working intensively with clubs to attract more women and girls to the game. A pilot project with 100 clubs started last July, helps clubs to make connections with local women's groups and focusses on providing playing and membership opportunities in an environment which women find comfortable and enjoyable. In just five months, over 1200 women took structured coaching courses, almost 600 began playing regularly and over 360 became members.....

England Golf has also produced factsheets for clubs packed with information on recruiting and retaining women members, with a girls' version due out shortly.

[Click here](#) to view #ThisGirlGolfs and to read the stories of women and girls who have taken up the game – and love it.

[View the full news item](#)

British Universities and Colleges Sport (14 January 2016) Loughborough, Exeter and Southampton Solent universities among Women's Cricket Super League hosts

The England and Wales Cricket Board (ECB) has announced the six hosts to compete in the inaugural Women's Cricket Super League this summer.

They are:

- Hampshire Cricket with partners: Berkshire Cricket Ltd, Dorset Cricket Board, Isle of Wight Cricket Board, Oxfordshire Cricket, Southampton Solent University, Sussex Cricket Ltd, Wiltshire Cricket Ltd
- Lancashire County Cricket Board with partners: Lancashire County Cricket Club, Lancashire County Cricket Club Foundation
- Loughborough University
- South West: Somerset County Cricket Club, Gloucestershire County Cricket Club, University of Exeter
- Surrey County Cricket Club
- Yorkshire County Cricket Club

The announcement follows a rigorous host award process over the last six months, which included an initial expression-of-interest and invitation-to-tender phase followed by prospective hosts being invited to interview at the end of 2015. The process culminated in unanimous ECB Board approval of the six selected hosts today.

The Women's Cricket Super League will start in the summer of 2016 with the six teams competing in a Twenty20 (T20) event. In future seasons the competition will include both T20 and 50-over formats. All six teams have been awarded hosting rights for a four-year period from 2016-2019 inclusive.....

[View the full news item](#)

British Fencing (14 January 2016)

Maslaha: Muslim Girls Fence - An initiative to challenge misconceptions of Muslim girls through fencing

In collaboration with British Fencing and Sport England, Maslaha is launching 'Muslim Girls Fence', an exciting new initiative encouraging Muslim girls to get more involved in fencing.

Fencing is a sport associated with confidence building and empowerment. This campaign will tap into this potential for positive change, challenging misperceptions of and raising aspirations among young Muslim women, a group facing double discrimination on the basis of both faith and gender. The initiative will also break down conceptions of fencing as a white-dominated, elite sport that is not accessible to young people of all backgrounds.

The project will begin through eight pilot workshops in Frederick Bremer school in Walthamstow from December 2015 to February 2016, before being scaled up into a national engagement programme for young Muslim women that can be delivered across the UK.

The journey of our participants will be documented along the way by a photographer and filmmaker, and the resulting exhibition and film will be launched on International Women's

Day on March 8th 2016. This initiative is part of [I Can Be She](#), a group of Maslaha projects seeking to challenge misperceptions of Muslim women and change how society perceives them.....

To find out more visit: www.muslimgirlsfence.org.

[View the full news item](#)

Beyond Sport reports (14 January 2016)

Driving female talent: New initiative launched that will inspire, connect and celebrate women in motor sport

Susie Wolff and The Motor Sports Association – governing body of UK motorsport – have joined forces to launch Dare To Be Different, a high-profile new initiative that will inspire, connect and celebrate women who work in every aspect of motor sport.

Dare To Be Different is about increasing female participation, not just on the track but in all aspects of the sport and other perceived male-dominated industries. It will achieve this in two key areas – creating an expansive online community, and bringing young girls (aged 8-14) together with some of the sports' most inspiring women in a series of special events.

Dare To Be Different is not preoccupied with finding the next female F1 driver – it is about inspiring women of all ages and backgrounds to break the mould and shatter perceptions. In the coming months, a fully integrated online community will be formed across our all-new website and social channels, bringing together girls and women from all over the UK who share a passion and desire to get involved in motor racing.....

In its first year, Dare To Be Different will aim to inspire the next generation with five free special events across the UK:

13 April, Daytona Sandown Park, Surrey

5 May, Nutts Corner, Crumlin, Northern Ireland

24-26 June, The Sports Show at the NEC, Birmingham

25 August, Knockhill Circuit, Fife, Scotland

15 September, Daytona Manchester, Manchester

(All dates are provisional and subject to change)

These events will offer a money-can't-buy experience to girls, and will be open to school groups as well as passionate individuals. Girls aged 8-14 will be getting tips from some of the top female racers in the world – Susie will be at every event along with an incredible team of ambassadors including current racer Alice Powell to inspire the racing spirit. The Williams F1 show car will be there for the girls to get up close and snap a selfie with, but it's not just the driving that Dare To Be Different is here to promote.....

Click [here](#) for more information

[View the full news item](#)

British Cycling (22 January 2016)

British Cycling launches Team Breeze in further boost to women's cycling

The launch of Team Breeze - British Cycling's new team for women academy riders - has been welcomed by Sports Minister Tracey Crouch as "another exciting development for women's cycling."

Team Breeze, which will race on the road and the track over the course of the season, will make its first appearance in the Revolution Series at the National Cycling Centre in Manchester on Saturday.

The Team Breeze launch is another significant step forward for British Cycling's #WeRide strategy, which aims to inspire more than one million more women to cycle regularly by 2020. Launched in 2013, British Cycling's two year update reported that the strategy is firmly on track with the governing body influencing over 250,000 women to cycle.....

[View the full news item](#)

The FA (January 2016)

Baroness Campbell joins as Head of Women's Football

The FA has named Baroness Sue Campbell CBE as its new Head of Women's Football.

During her time as Chair of UK Sport, Baroness Campbell oversaw a step change in the delivery of British medals at the Olympics and she will now take forward The FA's drive to increase girls and women's grassroots football participation and generate further success among England's elite women's teams.....

She will commence her role in March.

[View the full news item](#)

Kick it Out report (27 January 2016)

Baroness Sue Campbell sets out vision for women's football

Baroness Sue Campbell appeared on BBC Radio Four Woman's Hour on Wednesday (27 January) to set out her vision for the game in her new role as The FA's head of women's football, which was announced earlier this month.

Campbell has joined The FA following her decade long spell as the Chair of UK Sport between 2003-2013, during which time she oversaw a significant rise in British medals at the Olympic and Paralympic Games. Kelly Simmons, The FA's Director of Participation and Development, has labelled the appointment as a 'massive statement' for the women's game.

Campbell told BBC Woman's Hour she was eager to build on the success and coverage that women's football has had in the past year: "The women's game is already doing well, participation is growing and I think everyone's aware that the England team did exceptionally well at the World Cup....."

[View the full news item](#)

Or, [go straight to the BBC recording](#)

[BMC Public Health](#). 2015 Jun 4;15:526. doi: 10.1186/s12889-015-1886-z. A cluster randomised controlled trial to investigate the effectiveness and cost effectiveness of the 'Girls Active' intervention: a study protocol. Edwardson CL et al

[Author information](#)

Abstract

Background: Despite the health benefits of physical activity, data from the UK suggest that a large proportion of adolescents do not meet the recommended levels of moderate-to-vigorous physical activity (MVPA). This is particularly evident in girls, who are less active than boys across all ages and may display a faster rate of decline in physical activity throughout adolescence. The 'Girls Active' intervention has been designed by the Youth Sport Trust to target the lower participation rates observed in adolescent girls. 'Girls Active' uses peer leadership and marketing to empower girls to influence decision making in their school, develop as role models and promote physical activity to other girls. Schools are provided with training and resources to review their physical activity, sport and PE provision, culture and practices to ensure they are relevant and attractive to adolescent girls.

Methods/Design: This study is a two-arm cluster randomised controlled trial (RCT) aiming to recruit 20 secondary schools. Clusters will be randomised at the school level (stratified by school size and proportion of Black and Minority Ethnic (BME) pupils) to receive either the 'Girls Active' intervention or carry on with usual practice (1:1). The 20 secondary schools will be recruited from state secondary schools within the Midlands area. We aim to recruit 80 girls aged 11-14 years in each school. Data will be collected at three time points; baseline and seven and 14 months after baseline. Our primary aim is to investigate whether 'Girls Active' leads to higher objectively measured (GENEActiv) moderate-to-vigorous physical activity in adolescent girls at 14 months after baseline assessment compared to the control group. Secondary outcomes include other objectively measured physical activity variables, adiposity, physical activity-related psychological factors and the cost-effectiveness of the 'Girls Active' intervention. A thorough process evaluation will be conducted during the course of the intervention delivery.

Discussion: The findings of this study will provide valuable information on whether this type of school-based approach to increasing physical activity in adolescent girls is both effective and cost-effective in the UK.

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The Best Start in Life: A manifesto for physical activity in the early years. British Heart Foundation National Centre for Physical Activity and Health, January 2016 (12 pages)

This manifesto has been developed by the British Heart Foundation National Centre for Physical Activity and Health (BHFNC) in partnership with BHFNC National Early Years Advisory Group – a partnership of experts in the field of early years who work collaboratively to promote a better understanding of the role that physical activity plays in the lives of infants and children in the early years (0-5 years).

91% of children aged 2-4 years do not meet the Chief Medical Officers' physical activity guidelines for their age group of three hours per day. We're concerned because these children are missing out on opportunities for health and development. It's proven that physical activity for young children supports brain development, enhances bone and muscular development and benefits social and cognitive skill development and emotional wellbeing. We also know that establishing an active life in the early years lays the foundation to continue being active into adulthood.

Within our manifesto we're asking policy makers to embed early years physical activity into physical activity policy nationally, regionally and locally to ensure physical activity is supported across the UK at home, in early years settings and in the community.

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I can't explain why it has taken them so long to release this document...

The Women's Sport Conference 2014: Remembering a day of inspiration - 30th October 2014. Women in Sport, release date 7 January 2016 (14 pages)

This conference brought together the key players in women's sport and provided a forum for exchanging ideas and developing solutions. Hosted by the Department for Culture, Media and Sport and Women in Sport, the event asked why there were differences between men and women in sport and aimed to transform sport for women, both professional athletes and for women and girls who want to participate at any level.

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US

BBC in the USA and Canada reports (21 January 2016)

Kathryn Smith becomes NFL's first full-time female coach

American football team the Buffalo Bills have become the first in the National Football League (NFL) to appoint a full-time female coach.

Kathryn Smith has been appointed to the role of quality control-special teams coach for the Bills. Smith had previously worked as an administrative assistant for the team.

"She certainly deserves this promotion based on her knowledge and strong commitment," said head coach Rex Ryan in a statement.

"She has proven that she's ready for the next step, so I'm excited and proud for her with this opportunity."

Ryan said he had spoken about the move to Arizona Cardinals head coach Bruce Arians, who last year appointed Jen Welter to a pre-season coaching role.

He also cited another step towards gender equality in US sports, National Basketball Association side the San Antonio Spurs' appointment of a female coach.

Smith has also spent 12 years working for another NFL side, the New York Jets.

Quality control coaches analyse other teams ahead of games, and the role is seen as a step towards more senior positions.

Bills players have been quick to welcome Smith to the new role.

[Source of information](#)

Laureus Sport for Good Foundation (28 January 2016)

Benita Fitzgerald Mosley is named new Laureus USA CEO

1984 Olympic champion and respected sports leader Benita Fitzgerald Mosley is the new Chief Executive Officer of the Laureus Sport for Good Foundation USA.

Fitzgerald Mosley won the gold medal in the 100 metres hurdles at the Los Angeles Olympic Games, becoming the first African-American woman and second American to accomplish the feat. She was one of eight athletes selected to carry the Olympic flag into the stadium during the Opening Ceremony of the 1996 Atlanta Olympics.

Currently Chief of Organizational Excellence for the US Olympic Committee (USOC) and a member of the International Olympic Committee Women in Sport Commission, she immediately pledged as CEO to expand the work of Laureus USA, which uses sport as the means to improve the lives of young people.....

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Inside the games reports (28 January 2016)

Los Angeles 2024 appoint IOC Executive Board member DeFrantz as senior advisor for legacy

Los Angeles 2024 has announced the appointment of International Olympic Committee (IOC) Executive Board member Anita DeFrantz as their senior advisor for legacy.

The American will take up the voluntary post to help assess how the 2024 Olympic and Paralympics could best serve the city's residents after the Games.

Having stepped down at the end of last year from her role as the President of the LA84 Foundation, the non-profit organisation created to manage the profits created the last time Los Angeles staged the Olympics, 32 years ago, DeFrantz is seen potential key voice in how the Games could maximise the legacy.

The 63-year-old was a vice-president of Los Angeles 1984 and is due to be honoured tonight by the city's Mayor Eric Garcetti and during a reception celebrating her leadership LA84 Foundation.....

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